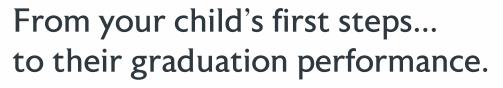




Moke Than Just Gheat Dancing!*



Misty's Dance Unlimited (MDU) has built a reputation for excellence in dance instruction! MDU has a class for everyone! We specialize in beginners of all ages and offer training through pre-professional levels. Our classes are taught by caring, skilled teachers in a positive environment. We delight in your child's progress and performances! Our costumes and choreography are always age appropriate and your child's safety and wellness has always been our highest priority. Welcome to MDU!

"We don't teach kids to make great dancers, we teach dance to make great kids!"



At MDU we aim to help our students achieve excellence in DANCE + LIFE. That is our More Than Just Great Dancing!® philosophy and at this time in history, that's more important than ever before!

Dance meets imperative student needs for community, socialization, friendship, mentors, physical

community, socialization, friendship, mentors, physica activity, and more! The benefits of dance include, but are not limited to: intellectual, academic, socialemotional, and physical support.

At MDU, the **health and safety** of our students, staff, guests, and communities have always been our highest priority; a commitment that has only been heightened at this time. That's why we have used local guidelines and our national Safer Studio $^{\text{TM}}$ standard to inform our best practices for service.

We have 3 convenient ways to dance this season:

- ✓ Weekly in-studio classes
- ✓ Zoom into class (by request only)
- ✔ Private lessons packages

Registration begins on Saturday, June 5 online at 8:00am! Class space limited, so enroll early.

As you look at our calendar, you'll note that we have included two inter-sessional breaks—one in the fall and one in the winter—to allow for greater programming flexibility should that be needed this year. Please note that class times and offerings may shift as things progress. We are planning on concluding our season with a Spring Recital in either May or June at the Weber Center for the Performing Arts (date based on availability).

To see a full class listing, and to register, visit:

MISTYSDANCE.COM

In other exciting news, our Holmen studio is growing and we are pleased to renew our partnership as the official dance partner of the Boys & Girls Club of Greater La Crosse. We are also pleased to offer the STAR Leadership program.

So, whether you are taking your first class or preparing for your senior year, we say, "Welcome Home!"

At MDU, you are family.

24th Anniversary Season!

CELEBRATING OUR 24TH SEASON!

- ★ 3 Ways to Dance: in-person, Zoom into class (by request) & private lessons
- ★ 2 Locations to Serve You: Onalaksa & Holmen
- ★ CLI Partner Studio (online classes from L.A.)
- ★ Dance Pawtrol Performing Group for Littles
- ★ NHSDA (National Honor Society for Dance Arts)
- ★ New All-Black Dress Code Options (Level I & Up)
- ★ Expanded Dancewear in our Boutique
- ★ And, more!



Miss Misty has been sharing her passion for dance and mentorship with students for 30 years. She is the founder of More Than Just Great Dancing!⁸ affiliated dance studios and "A Chance to Dance Foundation", a 501(c)3 charitable organization. She was also asked to be the leader of Youth Protection Advocates in Dance⁸ worldwide in 2019. Misty is passionate about community service and teaching life skills through the arts. The studio is a second home to so many MDU students and she is proud to see former students bringing the next generation of MDU dancers to classes now.



MDU IS A SAFER STUDIO™

MDU focuses on a hierarchy of measures to create a
Safer Studio™ environment beginning with requiring
students and staff who are ill to stay home, followed
by frequent hand cleaning and good hygiene practices,
amplified cleaning, and making

curricular and facility adaptations to minimizing contact and mingling.



MDU is Youth Protection Advocates in Dance[®] Certified!

- ✓ Background checked and CPR certified teachers
- ✓ Safer Studio™ Policy
- ✓ Teacher training & proven curriculum
- ✓ A focus on safety & wellness for every student
- ✓ Secured facilities
- ✓ Viewing windows
- ✔ Professional sprung floors
- ✔ Social media safety practices



PRESCHOOL PROGRAM



Tippy Toes Fairytale Ballet







MDU's preschool classes are designed to enhance gross motor coordination, listening skills, musicality and nurture imagination. Each class includes developmentally appropriate instruction through the use of music and dance. Dancers have onstage performance opportunities in the Christmas Cookie Social (select classes) in December and the annual Spring Recital in May or June (TBA).

ONALASKA CAMPUS

AGE 2

CLASS	TEACHER	DAY	TIME
Mini & Me	DM	Monday	4:30-5:00pm
Mini & Me	CA	Tuesday	10:00-10:30am
Mini & Me	EM	Wednesday	5:00-5:30pm
Mini & Me	TBA	Thursday	6:00-6:30pm

AGE 3

CLASS	TEACHER	DAY	TIME
Tippy Toes	KP	Monday	4:30-5:00pm
Tippy Toes	SS	Wednesday	5:00-5:30pm
Tippy Toes	TBA	Thursday	5:30-6:00pm

AGE 3 & 4

CLASS T	EACHER	DAY	TIME
Fairytale Ballet	CA	Tuesday	10:30-11:00am
Tiny Tappers	CA	Tuesday	11:00-11:30am
Tiny Tappers	TBA	Tuesday	5:30-6:00pm
Fairytale Ballet	TBA	Tuesday	6:00-6:30pm
Tiny Tappers	SS	Wednesday	5:30-6:00pm
Tiny Tappers	TBA	Thursday	5:00-5:30pm
Tiny Tappers	DM	Saturday	9:30-10:00am
Fairytale Ballet	DM	Saturday	10:00-10:30 am

Teacher Key is found on the last page.

AGE 4

CLASS	TEACHER	DAY	TIME
Tutus & Bowties	DM	Monday	5:30-6:00pm
Tutus & Bowties	KP	Wednesday	6:00-6:30pm
Tutus & Bowties	ME	Thursday	5:30-6:00pm

AGF 3-5

	,		
CLASS	TEACHER	DAY	TIME
Ready, Set. Dano	ce CA	Wednesday	10:30-11:00am

HOLMEN CAMPUS

CLASS/AGE	DAY	TIME	TEACHER
			ME ME

BOYS & GIRLS CLUB!

TUITION



Register Online! MistysDance.com 923 12th Ave S. Onalaska, WI | 608-779-4642



CHILDREN'S PROGRAM: K & 1ST

Take two classes per week for maximum benefit! With a focus on fun and friendship, MDU's K-1st Grade Program is the perfect opportunity for the early elementary school-age dancer to grow in confidence as they learn technique basics. Dancers have onstage performance opportunities in the Christmas Cookie Social (select classes) in December and the annual Spring Recital in May or June (TBA).

ONALASKA CAMPUS

KINDERGARTEN

CLASS	TEACHER	DAY	TIME
Kidlets	DM	Monday	5:00-5:30pm
Kidlets Taplets	DM TBD	Tuesday Tuesday	5:00-5:30pm 5:30-6:00pm
Kidlets	SS	Wednesday	6:00-6:30pm

1ST GRADE

CL	ASS	TEACHER	DAY	TIME
Kida	nce	KP	Monday	5:00-5:30pm
Kidta Kida	•	GM DM	Tuesday Tuesday	5:00-5:30pm 5:30-6:00pm
Kida	nce	KP	Wednesday	5:00-5:30pm



Taplets

HippityHop

K & 1ST GRADE

CLASS 1	EACHER	DAY	TIME
Tap Adventures	KP	Monday	5:30-6:00pm
Hippity Hop	TBD	Tuesday	6:00-6:30pm
Tap Adventures Dance Adventures	KP S CA	Wednesday Wednesday	5:30-6:00pm 11:00-11:30 am
Dance Adventure	s DM	Saturday	10:30-11:00 am
Tap Adventures	DM	Saturday	11:00-11:30 am

MULTI-AGE

CLASS	TEACHER	DAY	TIME
Musical Theater (K-3rd)	EM	Wednesday	4:30-5:00pm
ACRO Kids (K-3rd)*	AF	Wednesday	5:00-5:30pm
Mini Dance Team (K-3rd	d) KP	Wednesday	6:30-7:00pm
Man-In-Motion (K-3rd)	DW	Thursday	4:30-5:00pm

*Does not perform in Spring Recital. Teacher Key is found on the last page.



CLASS/AGE	TEACHER	DAY	TIME

CONNECTED TO THE BOYS & GIRLS CLUB!

TUITION \$49/class per month Musical Theater

KidTap

Email to join our newest Performing Group!



MAN-IN-MOTION.

TAPAdventures



Register Online! MistysDance.com
923 12th Ave S. Onalaska, WI | 608-779-4642



CHILDREN'S PROGRAM: 2ND & 3RD

Email to audition for

a variety of <u>Performing</u>

Groups ♥

By the time students are 2nd and 3rd graders, they are ready to "Begin and Build" foundations in proper dance technique in addition to the fun of music and movement! Dancers have onstage performance opportunities in the Christmas Cookie Social (select classes) in December and the annual Spring Recital in May or June (TBA).

Take three classes per week for maximum benefit!

ONALASKA CAMPUS

2ND GRADE

CLASS	TEACHER	DAY	TIME
Beginning Balle Beginning Tap Beginning Jazz	t KM TF ME	Thursday Thursday Thursday	5:00-5:30pm 5:30-6:00pm 6:00-6:30pm

3RD GRADE

CLASS	TEACHER	DAY	TIME
Building Jazz	ES	Tuesday	4:30-5:00pm
Building Tap	EM	Tuesday	5:00-5:30pm
Building Balle	t KY	Tuesday	5:30-6:00pm

HOLMEN CAMPUS

	,	-711	
2nd/3rd Grade Combo (Ballet, Tap, Jazz)			

CLASS/AGE TEACHER

CONNECTED TO THE BOYS& GIRLS CLUB!

TUITION \$49/class per month

2ND & 3RD GRADE

CLASS	TEACHER	DAY	TIME
Beg/Build Tap	SS	Monday	6:00-6:30pm
Beg/Build Ballet	KP	Monday	6:30-7:00pm
Beg/Build Jazz	KP	Monday	7:00-7:30pm
Lyrical	ES	Tuesday	4:00-4:30pm
Beg/Build Ballet	KY	Wednesday	5:45-6:15pm
Beg/Build Jazz	GM	Wednesday	6:15-6:45pm
Beg/Build Tap	SS	Wednesday	6:45-7:15pm
Нір Нор	KM	Thursday	4:30-5:00pm
Lyrical	ME	Thursday	6:30-7:00pm

MULTI-AGE

CLASS	TEACH	ER DAY	TIME
Guys Only Hip Hop (2nd-5	ith) KM	Monday	6:00-6:30pm
Musical Theater (K-3rd) ACRO Kids (K-3rd)* Mini Dance Team (K-3rd)	EM AF KP	Wednesday Wednesday Wednesday	4:30-5:00pm 5:00-5:30pm 6:30-7:00pm
Man-In-Motion (K-3rd)	DW	Thursday	4:30-5:00pm

FREE CLASS!

CLASS	TEACHER	DAY	TIME
Steps of Praise	GM/CJB	Saturday	10:00-10:30am
(Hip Hop)	NOTE: This class	begins Sept	tember 4th.

*Does not perform in Spring Recital. Teacher Key is found on the last page.



TIME



GRADED TECHNIQUE & SPECIALTY CLASSES: LEVEL 1 & 2

Our Level 1 & 2 Graded Technique students build foundations in movement, vocabulary, technique and choreography. Additionally, students in Level 1 & 2 are eligible and encouraged to try styles such as Lyrical, Hip Hop, and Modern. All students in our Graded Technique Program participate in annual skills testing and optional parent-teacher conferences.

ONALASKA CAMPUS

LEVEL 1 LEVEL 2

CLASS	TEACHER	DAY	TIME	CLASS	TEACHER	DAY	TIME
Performance Company (Email for an audition)		Monday	5:00-8:00pm	Performance Compan (Email for an audition	•	Monday	5:00-8:00pm
Guys Only Hip Hop	KM	Monday	6:00-6:30pm	Guys Only Hip Hop	KM	Monday	6:00-6:30pm
1st Int. Lyrical Ballet 1	ES DM	Tuesday Tuesday	5:00-5:45pm 6:00-6:45pm	1st Int. Lyrical Ballet 2	ES ES	Tuesday Tuesday	5:00-5:45pm 5:45-6:30pm
Jazz 1 Tap 1	ES AK	Tuesday Tuesday	6:45-7:30pm 7:30-8:00pm	Tap 2 Jazz 2	AK MJ	Tuesday Tuesday	6:30-7:00pm 7:00-7:45pm
Musical Theater ACRO* ACRO*	EM AF AF	Wednesday Wednesday Wednesday	5:30-6:15pm 5:30-6:15pm 6:15-7:00pm	Musical Theater Tap 2 Jazz 2 Ballet 2	EM GM KY SSW	Wednesday Wednesday Wednesday	5:30-6:15pm 5:45-6:15pm 6:15-7:00pm 7:15-8:15pm
Ballet 1 Guys Only Jazz 1 Tap 1	ME DW KM EM	Thursday Thursday Thursday Thursday	4:45-5:30pm 5:00-5:30pm 5:30-6:15pm 6:15-6:45pm	Guys Only 1st Int. Hip Hop 1st Int. Modern	DW MM DW	Thursday Thursday Thursday	5:00-5:30pm 6:45-7:15pm 7:15-8:00pm

FREE CLASS!

6:45-7:15pm

7:15-8:00pm

Thursday

Thursday

DW

CLASS	TEACHER	DAY	TIME
Steps of Praise	GM/CJB	Saturday	9:15-10:00am
(Hin Hon)	NOTE: This cla	ec hagine Sa	entember 1th





1st Int. Hip Hop

1st Int. Modern

Register Online! MistysDance.com 923 12th Ave S. Onalaska, WI | 608-779-4642

Email to audition for a variety of **Performing Groups** ♥



GRADED TECHNIQUE & SPECIALTY CLASSES: LEVEL 3 & 4

Our Level 3 & 4 Graded Technique students build on the foundations developed in earlier levels to build strength, control and flexibility - all while gaining confidence with artistic expression and new styles. Additionally, students in Level 3 & 4 are eligible and encouraged to try new styles such as Pre-Pointe, Pointe, Leaps & Turns, Streching & Conditioning, and Dance Team. Dancers in Level 4 and above are encouraged to consider applying for our Pre Pro Ballet program, email for details.

ONALASKA CAMPUS

LEVEL 3

LEVEL 4

CLASS	TEACHER	DAY	TIME	CLASS	TEACHER	DAY	TIME
Performance Compa (Email for an audition		Monday	5:00-8:00pm	Performance Compa (Email for an audition		Monday	5:00-8:00pm
High Int. Lyrical	MJ	Tuesday	5:00-5:45pm	High Int. Lyrical	MJ	Tuesday	5:00-5:45pm
Jazz 3	KY	Tuesday	6:00-7:00pm	Ballet 4	AM	Tuesday	5:30-6:30pm
Tap 3	AK	Tuesday	7:00-7:30pm	Pointe 1*	GM	Tuesday	6:30-7:00pm
Ballet 3	CJB	Tuesday	7:30-8:30pm	Jazz 4	KY	Tuesday	7:00-8:00pm
Pre-Pointe*	CJB	Tuesday	8:30-9:00pm	Tap 4	AK	Tuesday	8:00-8:45pm
Int/Adv Contemporary ACRO*	* KY AF	Wednesday Wednesday	'	Pre-Pointe*	CJB	Tuesday	8:30-9:00pm
Musical Theater	EM	Wednesday	'	Int/Adv Contemporary	* KY	Wednesday	5:00-5:45pm
Ballet 3	SSW	Wednesday		Dance Team	NF	Wednesday	'
ACRO*	AF	Wednesday	6:15-7:00pm	High Int. Lyrical	EM	Wednesday	8:15-9:00pm
Jazz 3	NF	Wednesday		Foundations of Jazz*	† TF	Thursday	4:00-5:30pm
Tap 3	EM	Wednesday	7:30-8:15pm	Tap 4	EM	Thursday	5:30-6:15pm
Dance Team	NF	Wednesday	7:30-8:15pm	Ballet 4	DW	Thursday	6:15-7:15pm
High Int. Lyrical	EM	Wednesday	8:15-9:00pm	Leaps & Turns*	TF	Thursday	6:30-7:00pm
Foundations of Jazz*	'† TF	Thursday	4:00-5:30pm	Pointe 1	SSW	Thursday	7:15-7:45pm
Leaps & Turns*	TF	Thursday	6:30-7:00pm	Jazz 4	MM	Thursday	7:45-8:45pm
High Int. Hip Hop	MM	Thursday	7:15-7:45pm	High Int. Hip Hop	MM	Thursday	7:15-7:45pm
Guys Only Hip Hop	KM	Thursday	7:30-8:00pm	Guys Only Hip Hop	KM	Thursday	7:30-8:00pm
High Int. Modern	DW	Thursday	8:00-8:45pm	High Int. Modern	DW	Thursday	8:00-8:45pm
Foundations of Ballet*	† AM	Saturday	11:00am-12:30pm	Foundations of Ballet*-	+ AM	Saturday	11:00am-12:30pm

*Does not perform in Spring Recital.

†Requires co-enrollment in a Graded Technique class.

Teacher Key is found on the last page.

Dancers in Ballet 4,
Pre-Pointe, and Pointe
1 will be evaluated for
pointe shoes in August
& September.

Go deeper with longer classes. Add Foundations of Jazz and Ballet this year!



TUITION

<mark>½ - ¾ hr</mark> \$59/class per month

1 hr

\$74/class per mont



Register Online! MistysDance.com



GRADED TECHNIQUE & SPECIALTY CLASSES: LEVEL 5, 6 & 7

Our Level 5, 6, & 7 Graded Technique students continue to grow in strength, control and flexibility as well as artistry and expression. Additionally, students in 8th grade & up are invited to participate in a dance convention called Dance Revolution, which is held each November in Dallas, TX. Our advanced dancers have additional performance and competitive opportunities such as: Performance Company, Traveling Team, CREW, Footworks, Ballet LaCrosse, Pre Pro Ballet and YAGP.

ONALASKA CAMPUS

CLASS	TEACHER	DAY	TIME	CLASS	TEACHER	DAY	TIME
Performance Comp (Email for an aud		Monday	5:00-8:00pm	Advanced Hip Hop Ballet 5/6	MM SSW	Thursday Thursday	6:00-6:45pm 5:30-6:30pm
Advanced Jazz*	KY	Tuesday	4:00-5:00pm	Advanced Modern	DW	Thursday	5:30-6:15pm
Tap 6/7	EM	Tuesday	5:45-6:30pm	Pointe 2/3	SSW	Thursday	6:30-7:00pm
Ballet 5/6	AM	Tuesday	6:30-7:30pm	Leaps & Turns*	TF	Thursday	6:30-7:00pm
Pointe 2/3	AM	Tuesday	7:30-8:00pm	Jazz 5	TF	Thursday	7:00-8:00pm
Tap 5	EM	Tuesday	8:00-8:45pm	Advanced Lyrical	TF	Thursday	8:00-8:45pm
Jazz 6/7	KY	Tuesday	8:00-9:15pm				
Int/Adv Contempora	ıry* KY	Wednesday	5:00-5:45pm				

*Does not perform in Spring Recital. Teacher Key is found on the last page.

Dancers in Ballet 4, Pre-Pointe, and Pointe 1 will be evaluated for pointe shoes in August & September.

AF

EΜ

KY

Wednesday

Wednesday

Wednesday

Wednesday

Wednesday

ACRO*

Tap 6/7

ACRO*

Jazz 6/7

Dance Team



5:30-6:15pm

6:15-7:00pm

6:15-7:00pm

7:00-8:15pm

7:30-8:15pm

TUITION

½ **- ¾ hr** \$64/class per month

1 hr - 1 ¹⁴ hr 579/class per month











TECHNIQUE ONLY PRIVATE LESSONS

RECOMMENDED LEVELS 1 & UP

Looking for one-on-one time for your dancer, email **kylie.mistysdance@gmail.com** for more info.

Full schedule available, visit MistysDance.com/pl to sign up.

Available In-Person Weekly and Bi-Weekly Opitions

> TUITION \$79+/HR

More to Love!



ATTENTION: FAMILIES WITH LITTLE ONES!

Join us on the first Wednesday of every month for a movement class, playtime, crafts, connection, and coffee! Each lesson will consist of imaginatory dance time, a new craft, and time to play and connect with other families.

Begins Wednesday, September 1 18 mo. - 4 years | 9:30-10:30am | \$5/dancer

*The guardian is also invited to participate in the class with their dancer. This class does not perform in the Spring Recital.



Youth American Grand Prix is America's preeminent ballet competition. MDU supports an annual team. Members participate in private training and travel for competitions. Special private lesson rates apply. Please email for more details.





DO YOU Love TO DANCE

Performaning Groups at MDU are More Than Just Great Dancing!®

Discover your love of performance at MDU!

From the recreational dancer to the pre-professional student, Misty's Dance Unlimited has a Performing Group for every level of interest and commitment. Some groups also participate in regional competitions and conventions.

Spaces still available.
Email: Kylie.mistysdance@gmail.com
for more information.





REGISTRATION

Register Online at MistysDance.com

Registration for the 2021-22 season will begin on Saturday, June 5, at 8:00am.

2021-2022 CALENDAR

August 18 Sept. 6 Sept. 28-Oct. 3 November 15 November 22-28 Thanksgiving Break

December 8-14 December 15-21 December 22-Jan 2

February 1-12 February 14-19 March 21-26

April 12-18

May (or June TBA)

Classes Begin

Labor Day - No Classes Inter-sessional Break #1 Costumes Fees Charged

Parent Observation Week #1

Christmas Cookie Social Christmas Break

Graded Skills Testing Week Inter-sessional Break #2 Parent Observation Week #2

Faster Break Annual Recitals

REGISTRATION

Registration requires paying for 1st Month + annual membership fee (\$50). For your convenience, and to reserve a space for the following season, annual membership fees will be automatically renewed and applied to your account on May 1, 2022 unless a withdrawal form is completed online before that date.

TUITION

CHILDREN'S CLASSES

(Age 2 - 3rd Grade)

★ \$39-\$49/class per month

GRADED TECHNIQUE & SPECIALTY CLASSES

(4th Grade & Older)

★ \$59-\$79/class per month (depending on class length)

DISCOUNTS

Siblings receive a 10% discount on the smaller tuition account for regular school year classes. No sibling discounts are offered for summer classes, special events, quest artists or for Performing Groups, Pre Pro Ballet or Membership Fees.

ATTIRE

Proper attire and hair etiquette are required for all classes. Special class attire including shoes and hair is published online. All required items will be available in our Everything Dance Boutique.

CLASSES

- MDU reserves the right to reschedule or combine classes or to provide a substitute.
- MDU reserves the right to deliver class content via an online system in the event that classes are not able to be conducted live for any reason including. but not limited to: weather, teacher absence, or governmental advisory.

PERFORMANCES

CHRISTMAS COOKIE SOCIAL

We finish our first semester of classes with a fun and informal fundraising show for our upper level students.

- ★ Accessory fee: \$25
- ★ Tickets: \$10. available for purchase via MDU December 1st

Participating classes are selected and invited from each age group of our Children's Classes. Check your November E-Newsletter to see if your class is participating.

SPRING RECITAL

We end our season with our Spring Recital. We encourage but do not require participation. The Spring Recital will be held either in May or June depending on local theater availability.

- ★ Costume fee: \$85 per class, due November 15th
- ★ Tickets: \$16-22, available for purchase in March via a ticketing service (date TBA)

Recital schedules, locations and other information will be published after Christmas Break.

STUDENT LEADERSHIP **PROGRAM**

We are committed to providing leadership training for our students beyond the dance classroom. To that end, students may apply in August for the following opportunities:

Age 9+ - Classroom Helpers assist teachers in the classroom a minimum of 30 minutes per week and receive leadership training twice per year.

Age 14+ - Classroom Assistants work with teachers in the

classroom a minimum of 2 hours per week and receive studio credits in addition to quarterly leadership training. Age 16+ - Junior Faculty (J-FAC) are able to sub for classes, lead Birthday Parties, teach at community outreaches, give private lessons for reduced rates and receive monthly leadership training either in person or digitally.

Dancers in Level 5 and up may also apply to be Classroom Demonstrators. All dancers receive training from the STAR leadership training curriculum

PAYMENT

- Tuition fees are paid monthly or annually. Save 5% by paying for the full season by October 31st.
- August's tuition is half a month.
- The dance season starts August 18 and goes through the Spring Recital, which will be in either May or June, depending on venue availability. If the recital is held in May, then May 1st will be the last tuition payment of the season. If the recital is held in June, then June 1st will be the last tuition payment of the season.
- After registering, monthly tuition is paid by automatic EFT, debit, or credit card payment on the 1st day of each remaining month. There is a 3.5% convenience fee on credit or debit card payments. To avoid this fee please pay by cash or check, or provide a checking account and routing number by the 1st of each month.
- There is a \$20 fee on NSF accounts and a 5% fee on late accounts.



AF	Amy Fortner
AK	Abby Konopacki
AM	Alex Meier
CA	Cindy Anneke
CJB	Chloe Jane Bulman
DM	Denise Meyer
DW	Dennis Williams
EM	Elisabeth Michelson
ES	Emily Sweeny
GM	Grace Meyer
KM	Kaydra Moses
KP	Katelyn Phelps
KS	Katie Sauer
KY	Kylie Williams
ME	Melanie Earll
MJ	Maya Jobe
MM	Michelle Malone
NF	Nicole Fry
SS	Shayna Stellflue
SSW	Suzanne Swanson Wagner
RS	Richard Smith Guest Teacher in Residence



CLASS DESCRIPTIONS

Mini and Me

A caretaker and child class that encourages children to love learning thought movement, music, and dance! A great way to prepare your child for a class of their own.

Tippy Toes

Tippy Toes is an introduction to classical ballet for 3 year olds using creative, imaginative role-playing and movement.

Tiny Tappers

3 & 4 year olds learn the fundamentals of tap dance combining rhythm and the sounds of tap shoes as a form of percussion. Fine motor skills and an appreciation for musicality!

Tutus & Bowties

Tutus & Bowties introduces 4 year olds to basic ballet through the stories of the great ballets. A different classical ballet theme is developed each quarter.

Fairytale Ballet (Multi-age)

This multi-age class for 3 & 4 year olds is designed for those who want to learn basic ballet technique through costumes, props, and games.

Kidlets & Taplets

Kidlets is a high energy ballet class and Taplets is the coordinated tap class. Both classes are for Kindergartners.

Kidance & Kidtap

Kidance is a high energy ballet and jazz combo class for 1st graders. Kidtap is the coordinated tap class for 1st graders.

Ready Set Dance

These dance classes for ages 3-5 are designed to give boys and girls confidence, coordination and creativity while dancing to some of their favorite songs from Nick Jr.

Hippity Hop

Hippity Hop is an introductory hip hop class for K & 1st graders. This class will introduce new and basic hip hop movements and is a fun way to learn a new style of dancing.

Musical Theater

A class focused on jazz based movement will have your dancer singing and acting to their favorite Broadway musicals. Dancers will learn about the musicals and practice singing along.

Dance Adventures

A creative movement class for K & 1st graders designed to enhance gross motor development, listening skills, musicality, and nurture the creative spirit.

Tap Adventures

Introduces K & 1st graders to the steps and sequences of Tap including rhythm, tempo, musicality. Fine motor skills and appreciation for music.

Man-in-Motion

This class is a boys-only beginning level class for K-3rd grade. Tap and Jazz is explored in this upbeat class.

Acro

Acro is great for dancers age Kindergarten and up who are looking to improve their overall coordination, strength, agility, and flexibility. Students learn and master cartwheels, aerials, tumbling, chest stands, handsprings, and more.

SOP

Steps of Praise is a free dance class for ages 2nd grade and up. This nondenominational ministry explores the heart of God through dance. Fall focuses on Hip Hop, Spring focuses on Lyrical.

Mini Dance Team

Your dancer may be young, but opportunities to audition for a high school dance team are around the corner. Get ready with dance team specific skills in this class.

Dance Team

Learn all the fundamentals of being a part of a team while practicing jazz and pom skills to prepare your dancer for Dance Team in high school and college.

Foundations of Ballet

Foundations of Ballet is a longer ballet class for our Level 3 & 4 dancers who are considering auditioning for MDU's Pre-Professional Ballet program after Level 4.

Foundations of Jazz

Foundations of Jazz is a longer Jazz class for our Level 3 & 4 dancers who are considering auditioning for MDU's Travelling Team program or Senior Company.

Advanced Jazz

Build your jazz skills in this technique only class. Dancers will get to dive in deeper to jazz fundamentals, alignment, core, stretches and strengthening. For Levels 5 and up!

Guys Only

Guy Only is a movement class for boys age 4th-5th grade. This class continues the movement exploration of Man-in-Motion with more action, stretching and jumping!

Guys Only Hip Hop

MDU has two levels of Guys Only Hip Hop-a class for 2nd-5th graders and a class for middle schoolers.

