



# SUMMER 2020

PROGRAM GUIDE





## AUDITION TIME!

### PERFORMING GROUPS AUDITIONS

**Tuesday, May 19th**

**Littlest Performing Group**

Ages 5-6 - 4:30-5:30pm

**Dancin' Kids (variety of styles)**

Ages 7-10 - 5:30-6:30pm

**Footworks (Tap)**

Ages 12+ - 7:00-8:00pm

**Wednesday, May 20th**

**Performance Company**

Building-Level II - 4:00-6:00pm

Level III and Level IV - 6:00-9:00pm

**Crew (Hip Hop)**

Ages 13-18 - 5:00-6:30pm

**Thursday, May 21st**

**Performance Company**

Level V and up - 5:30-8:30pm

**Guys Competition Teams**

Ages 8-18 - 5:30-7:00pm

**\*Make-up audition date: Friday, May 22**

Times available upon request

**Auditions are FREE, fun & friendly!**

### BALLET LA CROSSE AUDITIONS

**Friday, May 8th**

Levels III & IV - 6:45-7:30pm

Levels V-VII & Pre Pro I-III - 6:45-8:00pm

Pointe (2 years experience) - 8:00-9:00pm

Males ages 12-adult - 8:00-9:00pm

**Saturday, May 9th**

Beginning & Building Levels - 12:30-1:00pm

Levels I & II - 1:00-1:30pm

**\*Alternate audition date: Tuesday, May 19**

Beginning-Level IV - 4:30-5:30

Levels V-VII & Pre Pro - 5:30-6:30

Males ages 12+ - 5:30-6:30

**Auditions are FREE, fun & friendly!**

**Register online:**

**MistysDance.com**



## CLASSES MONTH

Monday	Tuesday	Wednesday	Thursday
1 	2	3	4 
MISS LARISSA'S BALLET SERIES			
8 <b>STAY STRONG</b>	9 <b>SUMMER SAMPLER</b> <b>MODERN</b> <b>PROG. BALLET TECH</b>	10 <b>SPECIALTY</b>	11 <b>SUMMER SAMPLER</b>
MISS LARISSA'S BALLET SERIES			
15 <b>STAY STRONG</b>	16 <b>SUMMER SAMPLER</b> <b>MODERN</b> <b>PROG. BALLET TECH</b>	17 <b>SPECIALTY</b>	18 <b>SUMMER SAMPLER</b>
MISS LARISSA'S BALLET SERIES			
22 <b>STAY STRONG</b>	23 <b>SUMMER SAMPLER</b> <b>MODERN</b> <b>PROG. BALLET TECH</b>	24 <b>SPECIALTY</b>	25 <b>SUMMER SAMPLER</b>
MISS LARISSA'S BALLET SERIES			
29 <b>STAY STRONG</b>	30 <b>SUMMER SAMPLER</b> <b>MERMAIDS &amp; DANCE TEAM</b> <b>PROG. BALLET TECH</b> <b>MODERN</b>	1 <b>SPECIALTY</b>	2 <b>SUMMER SAMPLER</b>

### MISS LARISSA'S BALLET SERIES

#### SESSION 1

June 2-18 - 3:30-5:30pm

#### SESSION 2

June 23-July 9 - 3:30-5:30pm

**Completed Level IV, V, or Pre-Pro I**

Mondays & Wednesdays

**Completed Level VI & Up, or Pre Pro II-III**

Tuesdays & Thursdays

**Tuition:** \$179/session (after May 1, \$200)

**Drop-In Rate:** \$35/class

### SPECIALTY STYLE CLASSES

Wednesdays, June 10 - July 1

#### ACRO

**9-12 years** - 6:00-7:00pm

**13+ years** - 7:00-8:00pm

#### CONTEMPORARY

**9-12 years** - 7:00-8:00pm

**13+ years** - 8:00-9:00pm

#### HIP HOP

**9-12 years** - 5:00-6:00pm

**13+ years** - 6:00-7:00pm

#### NEW! DANCE TEAM

Get ready for your high school dance team! Learn the fundamentals of pom including drills for leaps, kicks and turns.

**11+ years** - 5:00-6:00pm

**Tuition:** \$69/Class

(after May 1, \$79/class)

**Drop-In Rate:** \$25/class

# Welcome to Summer :)



### SUMMER SAMPLERS Ages 2-9

4 weeks of fun in a variety of styles!

**Tues. Classes:** June 9-30 | **Thur. Classes:** June 11-July 2

**Mommy & Me**  
(2 year olds + Caregiver)  
Tuesdays OR Thursdays  
5:30-6:00pm

**Fairytale Ballet**  
(3-4 year olds)  
Tuesdays OR Thursdays  
6:00-6:30pm

**Teddy Bear Ballet**  
(3-6 year olds)  
Thursdays - 5:30-6:00pm

**Hippity Hop**  
(5-6 year olds)  
Tuesdays - 5:00-5:30pm

**Rhythm Tap**  
(5-6 year olds)  
Thursdays - 6:00-6:30pm

**Musical Theater**  
(5-8 year olds)  
Thursdays - 5:00-5:30pm

**Beg/Bl'd Ballet**  
(7-9 year olds)  
Thursdays - 5:30-6:00pm

**Beg/Bl'd Jazz**  
(7-9 year olds)  
Thursdays - 6:00-6:30pm

**Beg/Bl'd Tap**  
(7-9 year olds)  
Thursdays - 6:30-7:00pm

**Tuition:** \$49/class  
(after May 1, \$55/class)

### STAY STRONG TECHNIQUE CLASSES

**Mondays, June 8 - 29**

**Completed Building, Level I & II**

Jazz - 4:15-5:15pm | Ballet - 5:15-6:15pm

**Tuition:** \$69/class (After May 1, \$79/class)

**Completed Level III & IV**

Ballet - 6:15-7:45pm | Jazz - 7:45-9:15pm

**Completed Level V & Up**

Jazz - 6:15-7:45pm | Ballet - 7:45-9:15pm

**Tuition:** \$89/class (after May 1, \$99/class)

**Drop-In Rate:** \$25/class

**MODERN/PARTNERING - Tuesdays, June 9-30**

**Completed Levels I-III** - 4:45-5:30pm

**Completed Level IV & Up** - 7:30-8:30pm

**Tuition:** \$69/class (After May 1, \$79/class)

### PROGRESSING BALLET TECHNIQUE

**Tuesdays, June 9 - 30**

Levels I-III - 5:30-6:30pm | Levels IV-VII - 6:30-7:30pm

Try this innovative program developed for training muscle memory and activating the correct muscles to strengthen your technique. Great for dancers working on alignment, core, and rotation.

**You Will Need:** Exercise ball, Fusion ball and a resistance band (available to purchase at MDU)

**Tuition:** \$99 (after May 1, \$119)



## INTENSIVES & CAMPS MONTH

### JAZZ INTENSIVE

July 7 - 3:00-9:00pm  
July 8 - 9:00am 3:00pm  
(Showcase - 3:30pm)

Open to ALL dancers who have completed Building Level and up!  
Join our awesome Guest Teachers and discover two days of all styles jazz- lyrical, contemporary, musical theater and more! Dancers will work on technique and learn fun combinations to perform at the showcase!

**Guest Artists:** Richard Smith, Rory Freeman, and MORE!

**Tuition:** \$189 (after May 1, \$199)

**Drop-In Rate:** \$30/class

### HIP HOP INTENSIVE

July 14 - 3:00-9:00pm  
July 15 - 9:00am 3:00pm  
(Showcase - 3:30pm)

Open to ALL dancers who have completed Building Level and up!  
Come join our awesome guest artists for two days of Hip Hop. Try different styles like house, footwork, lyrical hip hop and more!

#### Guest Artists:

Miss Katherine Iheke of Dallas, TX and Trevor Parmentier of Austin, TX

**Tuition:** \$189 (after May 1, \$199)

**Drop-In Rate:** \$30/class

Register online:

**MistysDance.com**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 MERMAIDS & DANCE TEAM	1 SPECIALTY	2 SUMMER SAMPLER	3	4 HAPPY fourth of July
	MISS LARISSA'S BALLET SERIES				
6	7 MERMAIDS & DANCE TEAM	8	9	10	
	MISS LARISSA'S BALLET SERIES				
	FROZEN FRIENDS (9am-NOON) & TOY ROUND UP (1-4pm)				
	JAZZ INTENSIVE				
13	14 MERMAIDS & DANCE TEAM	15	16	17	
	HIP HOP INTENSIVE		CONTEMPORARY MASTER CLASSES		
20	21 MERMAIDS & DANCE TEAM	22	23	24	
	ROCK N TROLL (9am-NOON) & BOWTASTIC (1-4pm)				
	BALLET INTENSIVE				
27	28	29	30	31	
	MDU STAFF OFF				

### CONTEMPORARY MASTER CLASS

July 16 - Completed Level III-IV - 6:30-8:00pm

July 17 - Completed Level V & Up - 9:00-10:30am

July 17 - Completed Level I & II - 6:30-8:00pm

Join Jared Baker for Master Classes in Contemporary. Performance Company dancers will have an additional opportunity to learn and compete with his choreography.

**Tuition:** \$50 (after May 1, \$60)

### BALLET INTENSIVE

July 20-24

#### Guest Artists:

CiCi Houston (St. Louis Ballet) and Miss Ami Yaro (Iowa Ballet Academy)

**Completed Level I-II** - 10:00am-3:00pm

**Tuition:** \$199 (after May 1, \$229)

**Completed Level III-IV & Pre Pro I** - 9:00am-5:00pm

**Tuition:** \$349 (after May 1, \$375)

**Completed Level V-VII & Pre Pro 2-3** - 9:00am-5:00pm

**Tuition:** \$349 (after May 1, \$375)

**Drop-In Rate for all:** \$25/class

## MDU CAMPS AND CLASSES PROVIDE LOADS OF FUN FOR THE KIDDOS & A WELCOME BREAK FOR YOU!



### MERMAID TUMBLING

Tuesdays, June 30-July 21

**Mini Mermaids (Ages 4-6)** - 6:00-6:30pm

**Junior Mermaids (Ages 7-9)** - 6:30-7:00pm

Discover your inner mermaid with this fun 4 week tumbling course! Includes your very own mermaid tail!

**Tuition:** \$69 (after May 1, \$89)

### MINI DANCE TEAM

Tuesdays, June 30-July 21  
Ages 5-9 - 5:15-6:00pm



Join us and learn all about being on a team. Cheer on MDU as your dancer will take home their very own poms!

**Tuition:** \$69 (after May 1, \$89)

### FROZEN FRIENDS

July 6-9 - 9:00am-12:00pm  
(Ages 3-7)

We'll dance, sing and go on a magical adventure with your favorite characters from the hit movies.



July 6-9 - 1:00-4:00pm (Ages 5-9)

Saddle up and join the fun of this rootin' tootin' dance party!

**Tuition:** \$139/camp (after May 1, \$159)



July 20-23 - 9:00am-12:00pm  
(Ages 3-7)

Put your hands and your hair in the air as you rock out in true Troll fashion!



July 20-23 - 1:00-4:00pm (Ages 5-9)

Bring your fashion, flare and love for DANCE to discover your inner pop star!

# AUG

## CAMPS, CHOREOGRAPHY & STAFF DEVELOPMENT MONTH

### BALLET LA CROSSE

Dance with us in the story that flows on land and on sea! Be a part of the full-scale professional ballet journey of Ballet La Crosse's *"The Little Mermaid"*. This experience includes a two-week summer camp and fall weekend rehearsals, culminating with three Weber Center performances October 24 and 25. Directed by our experienced BLC Team, dancers will experience Kennet Oberly's beautiful libretto come to life onstage with original choreography by Dale Brannon and professional costuming, lighting and scenery!

### CLASSES, CHOREOGRAPHY & REHEARSALS

August 3-7 & 17-21


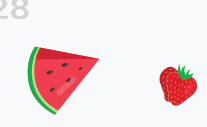





- Classes are open to all dancers in Level 1 and up, even those not participating in the production.
- Dancers who are involved in the performance will take both the daily ballet technique classes AND rehearsals.
- Rehearsal times TBA.

#### Daily Ballet Technique Class

Completed Level I & Up - 1:00-2:30pm

**Tuition:** \$99/week

**Drop-In Rate:** \$25/class

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 	28 	29 	30 	31 	1 
3	4	5	6	7	8
PUPPY PATROL (9am-NOON) & TEAM USA (1-4pm)					TAP INTENSIVE
BALLET LA CROSSE CLASSES & CHOREOGRAPHY					
10	11	12	13	14	15
DANCE CAMP - THE HIGHLIGHT OF THE SUMMER!					
17	18	19	20	21	22
BALLET LA CROSSE CLASSES & CHOREOGRAPHY					
24	25	26	27	28	29
PERFORMING GROUPS CHOREOGRAPHY					

### TAP INTENSIVE

August 8 & 9

Levels III & IV - 10am-2pm  
Levels V & Up - 12pm-4pm

Hone your tap skills the Chicago Tap Theatre way at our annual Wisconsin Tap Intensive! This is a one-of-a-kind opportunity to work on technique, choreography, speed, tricks and musicality. Learn more about tap history and tap games. The perfect combination of learning a TON and having all the FUN!

**Featuring:**  
Mark Yonally  
of Chicago  
Tap Theatre

**CHICAGO**  
TAP THEATRE

**Tuition:** \$179 (after May 1, \$200)

### !!! DANCE CAMP !!!

August 10-14 - 9:00am-4:00pm

DANCERS WHO HAVE COMPLETED  
BUILDING LEVEL AND UP

The highlight of the Summer! "DANCE CAMP" provides students with a week of highly challenging, yet nurturing instruction with professional guest instructors from around the country. Join us for a professional caliber performance!

**Showcase: Saturday, August 15 at 10:00am on our in-house stage!**

**Tuition:** \$425 (after May 1, \$475)

**Drop-In Rate:** \$30/class

### MORE MINI CAMPS!



August 3-6  
9:00am-12:00pm  
Ages 3-7

Enroll in our pup-training program to become a member of the DANCE rescue team!



Aug 3-6 - 1:00-4:00pm  
Ages 5-9

Celebrate the summer Olympics in this energetic, athletic camp.

**Tuition:** \$139 (after May 1, \$159)

### PERFORMING GROUPS CHOREOGRAPHY

August 24-29

If you are planning to audition for one of our performing groups, please mark this week on your calendar for choreography.

### STAFF DEVELOPMENT Month of August

Did you know that the MDU staff participates in continuing education and professional development?

Our studio is Youth Protection Advocates in Dance certified which means our teachers are background checked, CPR/First Aid/AED certified and trained in best practices for curriculum and child development. MDU... bringing the BEST for your kids!



Register online: [MistysDance.com](https://MistysDance.com)